

## EDUCATION

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- Expected 8/15 Candidate for the Doctor of Psychology degree in Clinical Psychology  
Hawaii School of Professional Psychology at Argosy University, Hawaii  
Honolulu, Hawaii  
(APA Accredited)  
*Emphasis: Working with Diverse and Marginalized Populations*  
*Dissertation: Relationships Among Same Sex Couples: Examining*  
*Interpersonal Resilience in Romantic Partnerships*
- Received 5/12 Master of Arts in Clinical Psychology  
Argosy University, Hawaii  
Honolulu Hawaii
- Received 1/08 Bachelor of Arts in Psychology  
University of Massachusetts, Dartmouth  
Dartmouth, Massachusetts  
Magna Cum Laude

## INTERESTS AND SPECIALITY AREAS

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Adult mental health; Psychodynamic and Cognitive-behavioral based interventions;  
Professional interests include: Trauma/PSTD, Depression, Substance abuse, LGBT  
populations, Disordered eating, Anxiety, Depression, and Diverse, marginalized and  
underserved, multicultural populations.

## DOCTORAL TRAINING

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- 8/12 to 6/13 The Anorexia and Bulimia Center of Hawaii (ABC Hawaii)  
'Ai Pono Intensive Outpatient Treatment; Honolulu, HI  
Supervisor: Anita Johnston, Ph.D.
- Conducted group therapy, attended workshops and becoming familiar  
with other community resources for women and teens with disordered  
eating. Facilitated after-care groups, that provided continued support  
and intensive outpatient counseling for those with Anorexia Nervosa,  
Bulimia Nervosa, Binge Eating Disorder and Exercise Addiction.*
- 9/11 to 6/12 Olomana: Hawaii Youth Correctional Facility; Kailua, HI  
Supervisor: Scott K. Shimabukuro, Psy.D
- Received training in the utilization of therapeutic interventions designed  
to assist incarcerated individuals in learning to increase their decision-  
making, social and independent living skills, and cultivate a commitment  
to learning and education. Also conducted structured clinical intake  
interviews; learned to make appropriate referrals for psychiatric,  
individual and group therapy services; and how to conduct and write up*

*court-ordered evaluations. Provided individual/family therapy services. Therapeutic issues treated at the site included mood disorders, anxiety disorders, self-harm and suicidal behaviors, substance abuse, trauma/PTDS, sexual abuse, adjustment to long-term or situational life stressors, home and school behavioral concerns, strengthening parent-child relationships and self-exploration/personal growth.*

9/10 to 6/11 State of Hawaii: Department of Education, Honolulu District; Honolulu, HI  
Supervisor: Gail L. Tice, Psy.D.

*Conducted clinical intakes, obtained psycho-medical histories, administered psychological and diagnostic testing for children K-12, attended and presented at IEP meetings, provided psycho-education, associated research, providing diagnosis and treatment recommendations.*

#### EMPLOYMENT EXPERIENCE

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8/12 to 6/13 The Anorexia and Bulimia Center of Hawaii (ABC Hawaii)  
'Ai Pono Intensive Outpatient Treatment; Honolulu, HI

*Assisted clients and families in reviewing the coverage provided by their insurance plans and financial obligations of eating disorders treatment. Served as a liaison between families and third-party payers to ensure that insurance benefits were fully leveraged. Determined eligibility of candidates for participation in an intensive outpatient setting.*

#### PRIOR TRAINING EXPERIENCE

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9/08 to 1/09 Southeast Alternative School, Massachusetts Department of Education;  
Berkley, MA  
Supervisor: William Depina, Ph.D.

*Provided individual-based counseling and supervision of grades 7-8, case review/notes, and treatment planning in a private day school setting. Provided flexible, individualized, professional services to promote academic, social, vocational, and emotional skill development for at-risk adolescence.*

9/08 to 12/08 South Coast Compeer Program, Fellowship Residential Program;  
Acushnet, MA

*Provided individualized mentoring and direct client assistance for individuals with serious mental illness, including those diagnosed with schizophrenia, bipolar disorder, posttraumatic stress disorder, major depressive disorder, and anxiety disorders. Primary focus of training was on development of treatment plans and providing interventions for multicultural populations.*

9/07 to 1/08      Counseling Sequence; University of Massachusetts; Dartmouth, MA  
Supervisor: Paul Donnelly, Ph.D.

*Provided supervised treatment to diverse clients. Focus of training in this intervention training series was on exploring therapeutic techniques and applied aspects of clinical psychology. Received training in various theoretical approaches to counseling with an emphasis on learning basic practical skills.*

## TEACHING EXPERIENCE

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1/05 to 6/07      Newfound Area School District: Bristol, NH

*Provided a structural and educational environment for children and adolescence. Students were provided basic academic, social, and other formative skills at the elementary and high school level. Assisted the After-School program where exercises were developed based on kinesthetic and tactile learning styles.*

1/05 to 6/06      New Hampton Child Care Center: New Hampton, NH

*Promoted growth of the whole child by tending to each child's physical, emotional, social, and intellectual development in a play-based environment. Worked collaboratively and systematically with families, clinical directors, and caregivers to produce a supportive environment for infants, toddlers, and pre-school aged children. Sensitivity to unique and diverse family values and cultural backgrounds was essential to ensure safety and awareness.*

## ASSESSMENT EXPERIENCE

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Rorschach Inkblot Test	Personality Inventory for Youth
Wechsler Memory Scale-III	Thematic Apperception Test
Rotter Incomplete Sentences	House-Tree-Person
Gender Role Conflict Scale	Children's Depression Inventory
Finger Tapping Test	Grooved Pegboard
Wisconsin Card Sort	Clock Drawing Test
Myers Briggs Type Indicator	Substance Abuse Subtle Screening Inventory
Rey Complex Figure	Structured Interview of Reported Symptoms
Beck's Depression Inventory	Behavior Assessment System for Children
Wechsler Intelligence Scale for Children-IV	Wide Range Achievement Test - III
Wechsler Adult Intelligence Scale-IV	
Revised Children's Manifest Anxiety Scale - II	
The Minnesota Multiphasic Personality Inventory-II	

## PROFESSIONAL PAPERS

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Linhares, R. D. (2011). *Biology and sexual orientation: Exploring a genetic link*. Unpublished Master's Paper, Argosy University, Hawaii.

## ONGOING RESEARCH PROJECTS

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Child and Adolescent Mental Health Division (CAMHD) of Hawaii Ohio Scales (OS)

The Ohio Scales for Youth are three (parent, youth, and agency worker rated), brief measures used to assess the outcome of mental health services for youth who are 5 to 18 years of age.

*Research involves investigation into the relationship between the Ohio Scales and positive outcomes for youth. Findings will increase awareness in the utilization of the Ohio Scales and provide staff at CAMHD information regarding who will be instructed to implement the OS with the youth (and their parents). Research also provides further knowledge with regards to obtaining a better understanding of how mental health assessment instruments, like the Ohio Scales, is implemented and utilized by staff in youth mental health settings.*

## SUBMITTED PRESENTATIONS

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Linhares, R. D. (2013, August). *Biology and sexual orientation: Exploring a genetic link*. Presentation entered for submission. If approved, symposium will be presented at the 121th Annual Convention of the American Psychological Association, Honolulu, Hawaii.

## PROFESSIONAL MEMBERSHIPS

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2009-2013	American Psychological Association (Graduate Affiliate)
2009-2013	Hawaii Psychological Association (Graduate Affiliate)
2012-2013	Association for Psychological Science (Graduate Affiliate)
2012-2013	National Alliance on Mental Illness (NAMI)
2012-2013	International Association for Cross-Cultural Psychology (IACCP)

## ACADEMIC AFFILIATIONS AND AWARDS

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2007-2013	Psi Chi, The National Honors Society in Psychology; Dartmouth Chapter
2006-2011	Golden Key International Honor Society
2002-2008	National Dean's List Honor Society

## VOLUNTEER WORK

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- June 2012      The Honolulu Rainbow Film Festival  
Formally the Adam Baran Honolulu Gay and Lesbian Film Festival  
Honolulu Gay & Lesbian Cultural Foundation  
Honolulu, Hawaii
- Participated in the 23<sup>rd</sup> Annual Rainbow Film Festival to raise proceeds for the Life Foundation, Hawaii's main AIDS/HIV organization, and to support the Lesbian, Gay, Bisexual and Transgender (LGBT) community.
- 2010 & 2011      Prevent Child Abuse, Hawaii  
Pinwheels of Change  
Honolulu, Hawaii
- Participated in a national movement dedicated to end child abuse and neglect and ensure that every child in the state of Hawaii has the opportunity to grow up in a safe and nurturing environment.
- 2009 & 2010      Hawaii Psychological Association Conference  
Graduate Affiliate Volunteer  
Honolulu, Hawaii
- Reviewed submissions and registered attendees for conference.
- 2009 & 2010      16<sup>th</sup> & 17<sup>th</sup> Annual Men's March Against Domestic Violence  
Honolulu, Hawaii
- Participated in anti-violence march with the men and women of Honolulu to raise awareness surrounding domestic violence issues. Rallied in support on non-violence, respect and equality for women and children.
- 2006 to 2009      Massachusetts Public Interest Research Group (MASSPIRG)  
Dartmouth Chapter  
Dartmouth, Massachusetts
- Participated in social movements, including those involving Civil Rights; Lesbian, Gay, Bisexual and Transgender; Equal Rights; and Antiwar efforts in hopes of promoting social change. Attended numerous trainings and conducted fieldwork with experienced MASSPIRG staff, professors, affiliated undergraduate students, while providing lectures, briefings, discussions and role-plays.
- 2006 to 2008      American National Red Cross of Eastern Massachusetts  
Core Volunteer Program  
Boston, Massachusetts

- Participated in providing disaster training, educative experiences and skill training were provided for children and their families, creating a supportive environment for members of the armed forces or disaster victims. Clients included: senior citizens, immigrants, single parents, and families in transition, homeless individuals, and those living with HIV.
- October 2008      Race for the Cure  
Susan Komen Foundation  
Boston, Massachusetts
- Participated in Breast Cancer Awareness walk to raise funding for screening, educational programs, and treatment grants throughout Commonwealth.
- 2004 & 2006      March for Life  
Education & Defense Fund  
Washington, D.C.
- Participated in annuals marches to raise awareness and Advocate the Pro-Life movement.

#### TRAININGS AND WORKSHOPS

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- Preventing Suicide, SafeTalk. Presented by Sarah Skelton, M.A., CSAC, American School of Psychology, Honolulu, Hawaii, 2013
- Carol S. Dweck: The Effect of Praise on Mindsets, Learning and Motivation in Children. Presented by Scott K. Shimabukuro, Ph.D., Honolulu School District, Honolulu, Hawaii, 2012
- Child and Adolescent Mental Health Division (CAMHD) Service Provider ‘Data Party’: 2012 1st quarter results of services provided to youth. Presented by Scott Keir, Ph.D., Chuck Mueller, Ph.D. & David Jackson, Ph.D., Provider Committee Meeting, Diamond Head Health Center. Honolulu, Hawaii, September, 2012
- Honolulu District School-Based Behavioral Health Program In-Service: Understanding and Responding to the Sexual Behavior of Children. Presented by Claude McDowell, Ph.D., District Clinical Psychologist. Honolulu, Hawaii, June, 2011
- Autism Diagnostic Observation Schedule (ADOS) presented by Kelly Taylor, Kaiser Complex School Psychologist at Honolulu Department of Education. Honolulu, Hawaii, 2010
- Training Workshop for the Clinician-administered PTSD Scale (CAPS) & Clinical-Administered PTSD Scale for Children (CAPS-C). Presented by Gail L. Tice, Psy.D. & Kerrie B. Balmores, Psy.D. Honolulu, Hawaii, 2010
- Reactive Attachment Disorder (RAD). Presented by Claude McDowell, Ph.D., District Clinical Psychologist, Department of Education; Honolulu District. Honolulu, Hawaii, 2010

- “Multimodal Functional Behavioral Assessment: Examining a Child’s Problematic Behavior within the Classroom.” Presented by Lynette Hanashiro, M.Ed., Department of Education, Honolulu District, Honolulu, Hawaii, 2010
- “Non Violent Crisis Intervention”, Crisis Prevention Institution (CPI), Care Hawaii INC. Honolulu, Hawaii, August 2009
- “Victimization, Psychology, Crime, and Law”, presented by Dennis Roderick, University of Massachusetts, Dartmouth. Dartmouth, Massachusetts, 2007

## PROFESSIONAL SKILLS

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Working knowledge of Microsoft Word, Excel, Outlook and Power Point

Working knowledge of Macintosh operating system

Knowledge of data collection, scoring and interpretation

Sensitive to classified material to ensure discretion, confidentiality and protection of personal information and health documentation

## REFERENCES

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 The Anorexia and Bulimia Center of Hawaii (ABC Hawaii)  
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